

NVC DANCE FLOORS

Transform your communication skills and build stronger, more empathetic connections. A dynamic training program designed to revolutionize how you approach conversations and conflicts. Encourage personal growth and development by facilitating reflective practices that promote insight into one's own communication patterns and opportunities for improvement.



Duration: 1 to 2 hours

Delivered As:
Instructor Led

Environment:
Outbound Program

Use NVC Dance Floors to:

- Learn to truly understand and connect.
- Practice active listening and expressing with clarity and respect.
- Address conflicts constructively.
- Turn potential challenges into opportunities for growth.
- Enhance productivity within the team or organization.
- Understand the state of mind during communication.
- Understanding others' needs and perspectives.
- Foster collaborative relationships, and create a positive, inclusive environment.

INTERNATIONAL 

Empathy . Clarity . Connection .

Effective communication is not just about speaking clearly, but also about listening deeply. Dance the rhythm of empathy and let your words connect.

Who can Participate

Any team, regardless of their level, function or industry.

LEAD Life 
LEARNING



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